

# Troy Martial Arts 2020 Schedule

Age	Belt	MON	TUE	WED	THU	FRI	SAT
5 to 10	<i>Beginner</i> White Yellow	4:30 - 5:00pm	5:20 - 6:00pm	4:30 - 5:00pm	5:20 - 6:00pm	5:20 - 6:00pm	10:00 to 10:40am
	Sr Yellow Green Sr Green		4:30 - 5:00pm	6:20 - 7:00pm	4:30 - 5:00pm	6:20 - 7:00pm	11:00 to 11:40am
	Blue Sr Blue Red	5:20 - 6:00pm ----- 6:20 - 7:00pm		5:20 - 6:00pm		4:30 - 5:00pm	9:00 to 9:40am
	Sr Red BoDan Black		6:20 - 7:00pm	7:20 - 8:15pm	6:20 - 7:00pm	7:20 - 8:15pm	12:00 to 12:55pm
11 to 15	<i>Beginner</i> White Yellow	5:20 - 6:00pm	5:20 - 6:00pm	5:20 - 6:00pm	5:20 - 6:00pm	5:20 - 6:00pm	10:00 to 10:40am
	Sr Yellow Green Sr Green	5:20 - 6:00pm		5:20 - 6:00pm ----- 6:20 - 7:00pm		6:20 - 7:00pm	11:00 to 11:40am
	Blue Sr Blue Red	5:20 - 6:00pm ----- 6:20 - 7:00pm		5:20 - 6:00pm		4:30 - 5:00pm	9:00 to 9:40am
	Sr Red BoDan Black		6:20 - 7:00pm	7:20 - 8:15pm	6:20 - 7:00pm	7:20 - 8:15pm	12:00 to 12:55pm
Adult 16 and Up	<i>Beginner</i> White Yellow	7:20 - 8:15pm	5:20 - 6:00pm ----- 7:20 - 8:15pm		5:20 - 6:00pm ----- 7:20 - 8:15pm	5:20 - 6:00pm ----- 7:20 - 8:15pm	10:00 to 10:40am
	Sr Yellow Green Sr Green	7:20 - 8:15pm	7:20 - 8:15pm	6:20 - 7:00pm	7:20 - 8:15pm	6:20 - 7:15pm ----- 7:20 - 8:15pm	11:00 to 11:40am
	Blue Sr Blue Red	6:20 - 7:00pm ----- 7:20 - 8:15pm	7:20 - 8:15pm		7:20 - 8:15pm	4:30 - 5:00pm ----- 7:20 - 8:15pm	9:00 to 9:40am
	Sr Red BoDan Black	7:20 - 8:15pm	6:20 - 7:00pm ----- 7:20 - 8:15pm	7:20 - 8:15pm	6:20 - 7:00pm ----- 7:20 - 8:15pm	7:20 - 8:15pm	12:00 to 12:55pm
Family 5 and Up	<i>Beginner</i> White Yellow		5:20 - 6:00pm		5:20 - 6:00pm	5:20 - 6:00pm	10:00 to 10:40am
	Sr Yellow Green Sr Green			6:20 - 7:00pm		6:20 - 7:00pm	11:00 to 11:40am
	Blue Sr Blue Red	6:20 - 7:00pm				4:30 - 5:00pm	9:00 to 9:40am
	Sr Red Bo-Dan Black		6:20 - 7:00pm	7:20 - 8:15pm	6:20 - 7:00pm	7:20 - 8:15pm	12:00 to 12:55pm